

# RÍSE

# LEADERSHIP ACTION

## APRIL 10-11

The Illumina Main Hall  
Level 3, Macquarie Bank  
1 Elizabeth Street, Sydney

TIME	THEME	TYPE OF PRESENTATION	TITLE AND BLURB	SPEAKER
<b>WEDNESDAY, APRIL 9, 2025</b>				
6:30 PM	<b>Welcome Reception - Sponsored by CoreLogic</b> Luna Lu			
<b>DAY 1</b>	<b>THURSDAY, APRIL 10, 2025</b>			
8:30 - 8:40 AM		<b>WELCOME</b>	<b>Welcome to Rise Leadership Acknowledgement of Country</b>	<b>John Foong</b>
8:40 - 8:45 AM		<b>VIDEO</b>	<b>Thank you for Rising</b>	<b>Chris Hanley</b>
8:45 - 9:00 AM		<b>OPENING</b>	<b>President's remarks</b>	<b>Nick West</b>
9:00 - 10 AM	<b>TRUST</b>	<b>KEYNOTE</b>	<b>The Psychology of Trust</b> How do we rebuild trust in real estate – amongst both team members and between the industry and our clients? Why is trust under siege at the moment in society, what are the forces behind it and how do we navigate through it? Behavioural psychologist Milo Wilkinson dives into the origins of trust, its psychological underpinnings, and the complexities of building trust, enhancing existing trusting relationships, and - crucially - recovering trust when it has been damaged.	<b>Milo Wilkinson</b>
10:00 - 10:30 AM		<b>CONVERSATION</b>	<b>Creating a Trust Economy</b> How do you build a culture that supports trust and how do you restore trust if it is broken? Our all star panel identifies the key ingredients to build trust robustly in real estate businesses and the personal leadership skills and business processes required to restore and support it.	<b>Dr Sarah Bell</b> – MRI Software with <b>Avi Khan</b> , Ray White and <b>Lisa Pennell</b> , Barry Plant.
10:30 - 11 AM	<b>MORNING TEA</b>			

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11:00 - 11:45 AM	COURAGE	KEYNOTE	<p><b>Rebuilding After Burnout</b> They say the comeback is greater than the setback.</p> <p>As one of Australia's leading politicians and now a business leader, John Brogden is living proof that even from the darkest places, there can be a way back. In 2002, he was elected Leader of the Opposition on his 33rd birthday – the youngest person ever to lead a major political party at Federal or State level in Australia - but he was diagnosed with depression in early 2006. John's personal story illustrates his incredible ability to come back after a breakdown that marked a turning point in his life and helped reframed the discussion around depression in corporate Australia. Thanks to his profile, John has changed the way we talk about suicide and in turn, is helping thousands of individuals through his involvement with Lifeline Australia as Chairman.</p>	<p><b>John Brogden</b> Chairman of Lifeline &amp; former NSW Premier</p>
11:45 AM - 12:15 PM		PANEL	<p><b>Doing it for the Kids</b> While our own mental health might be fine, it's our kids we worry about the most and when they are not okay, it impacts not just home but our performance at work and how we show up. In this important conversation, three Rise leaders share the practical steps they took when they realised their kids were not okay and how the experience changed how they lead.</p>	<p><b>Leanne Howard - Domain, Nick West - Nelson Alexander</b> <i>in conversation with</i> <b>Kylie Davis</b></p>
12:15 - 12:30 PM		ACTION POINTS	<p><b>Dollars &amp; Sense - the profitability of a thriving culture</b> When individuals feel safe to thrive, they perform better. With credentials in both HR and mental health, Rachel Atkin shares how she rebuilt her team around mental wellness principles and the business performance benefits that came from driving cultural change.</p>	<p><b>Rachel Atkin - Harcourts Victoria</b> <i>in conversation with</i> <b>Sadhana Smiles</b></p>
12:30 - 1:30 PM	<b>LUNCH</b>			
1:30 - 2:00 PM	EMPOWERMENT	KEYNOTE	<p><b>Powershifts in Leadership</b> We are living in a perfect storm of challenged economies, outrageous personalities and people empowered to behave badly again. But is this the leadership we aspire to? The head of people and culture at Macquarie Bank, Ros Coffey, discusses the relationship between trust, psychological safety and high performance – and how it is never more important than in a time of backlash. Ros provides practical tips on how to engage common sense in extreme environments, becoming leaders who deliver both results and legacies.</p>	<p><b>Ros Coffey – Macquarie Bank</b></p>

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2:00 - 2:30 PM	EMPOWERMENT	CONVERSATION	<b>High Performance Without High Drama</b> How do you create cultures that are high performing but avoid burnout? How to manage teams that prioritise mental health without going crazy yourself. How do you do it without compromising your own values? What's best for the business, the individual and the team and they don't always line up. What is the best practice of doing this? The behaviour being judged for behaviour you don't see. Practical concrete tips on how to do it.	<b>Ewan Morton</b> - Morton Real Estate with <b>David Gray</b> , Elders Lifestyle Group <i>in conversation with Leanne Pilkington</i> , Laing & Simmons.
2:30 - 3:15 PM		PRACTICAL	<b>Success without Stress</b> High-performance leaders often find themselves trapped in cycles of stress and burnout. In this session, Steve Griffith will share techniques for optimising your leadership performance while maintaining clarity, focus, and wellbeing. Drawing from decades of experience in leadership coaching, mindfulness, and neuroscience-backed strategies, Steve will provide practical tools to manage stress, enhance resilience, and create sustainable success.	<b>Steve Griffith</b>
3:15 - 3:30 PM	<b>AFTERNOON TEA</b>			
3:30 - 4:15 PM	DIGITAL THINKING	KEYNOTE	<b>Performance in a Digital Age</b> We're living in a time of lightning-fast digital transformation. As that pace increases, so too are rates of chronic workplace stress and burnout, resulting in powered-down performers. The latest scientific research tells us that many of the widely accepted digital behaviours we've adopted are actually counterproductive to optimal human performance and detrimental to our wellbeing. So how do we use technology to support, rather than drain, our Human Operating System (hOS) - the ways our brains and bodies are neurobiologically designed to function? Dr Kristy reveals how to not only survive, but thrive in this new world of rapid digital acceleration.	<b>Dr Kristy Goodwin</b>
4:15 - 4:30 PM		ACTION POINT	<b>Getting out of your comfort zone</b> What is it about adulthood that makes us expect life to be comfortable? Rebecca Halton from one of LJ Hooker's biggest offices discusses how to manage anxiety, empower your team and avoid complacency to deliver growth that has strong foundations.	<b>Rebecca Halton</b> - LJ Hooker Inner City Residential
4:45 - 5:00 PM		REVIEW	<b>Reflection &amp; Wrap</b> Our MC with the Mostest summarises key findings of the day.	<b>John Foong</b>
5:00 PM	<b>DAY 1 WRAP</b>			
6:30 - 10:30 PM	<b>Networking Function - Sponsored by Domain VENUE</b>			

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<b>DAY 2</b>	<b>THURSDAY, APRIL 10, 2025</b>			
8:30 - 9:00 AM		<b>REVIEW</b>	After an action-packed first day - and night - our MC with the Most-est gives us an overview of what to expect for day two.	<b>John Foong</b>
9:00 - 9:45 AM	<b>THE FUTURE</b>	<b>KEYNOTE</b>	<b>The Future of leadership &amp; work</b> Traditional notions of leadership and how we work are under pressure. So what does the future of working in real estate look like, and what are the skills we'll need to develop as leaders? Renowned sociologist and accredited futurist. Dr Ben Hamer, has led critical research projects at the World Economic Forum as well as being a Visiting Scholar at Yale University. In this action packed session, Ben explores how we can prepare for a future we can't predict.	<b>Dr Ben Hamer</b>
9:45 - 10:15 AM		<b>PANEL</b>	<b>New leadership perspectives</b> Gen Z and millennials have very different expectations to previous generations. Inspirational younger leaders discuss how they are creating cultures that marry both high performance and personal fulfilment to create a new way to real estate.	<b>Nick Brooks</b> - Marshall White, and <b>Hayley Van de Ven</b> - ReMax TLG <i>in conversation with Angus Ferguson</i> - Domain
10:15 - 10:30 AM		<b>ACTION POINTS</b>	<b>A culture of thriving</b> How can you create a culture in your organisation that allows team members to thrive both professionally and personally?	<b>Stavros Ambatzidis</b> - O'Brien Real Estate
10:30 - 11:00 AM	<b>MORNING TEA</b>			
11:00 - 11:45 PM	<b>GROWTH</b>	<b>KEYNOTE</b>	<b>Boundaries and Accountabilities</b> How do we transition both our teams and ourselves from the traditional – and highly addictive - hustle and grind culture to one of excellence through personal accountability? Is it even possible to achieve the best practice results and manage personal boundaries? Real estate super coach Josh Phegan steps us through how to drive performance excellence without the burnout through a new model of growth mindset and self care.	<b>Josh Phegan</b>
11:45 - 12:00 PM		<b>ACTION POINTS</b>	<b>Do you need a gap year?</b> What if it was possible to take a year off the tools but still have your highest performing results ever? Georgi Bates discusses the benefits of a gap year, how she managed it with her team and its impact on her GCI.	<b>Georgi Bates</b> - Cunninghams <i>in conversation with Michael Buckland</i> , CoreLogic.

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12:00 - 12:30 PM	GROWTH	KEYNOTE	<b>The time it takes</b> We constantly overestimate how much we will get done in a day/week/month and this can impact our mental health. Fiona Blayney discusses practical tips on how to structure your team and your business to give you back time, and align personal and professional goals and achievement.	Fiona Blayney
12:30 - 1:20 PM		<b>LUNCH</b>		
1:20 - 1:40 PM	FULFILMENT	FIRESIDE	<b>Leaving a Legacy</b> How do you create a legacy? First focus on the work not the goal and invest the time. Phil Stenhouse OAM discusses how he created Bridge Builders Youth Charity which has helped more than 60,000 young people connect to a community that helps them feel loved, supported and unleashes their inner leader.	<b>Phil Stenhouse OAM</b> - Bridge Builders Youth Organisation Fireside chat with <b>Charlotte Pascoe</b> , Stockdale & Leggo
1:40- 2:00 PM		ACTION POINTS	<b>Tools to help your team to thrive</b> Helping just one member of your team move from surviving to thriving can be a legacy in itself. The founder of the Rise Influencers program Michael Sheargold identifies tools to support both yourself and your team and build resilience.	<b>Michael Sheargold</b>
2:00 - 2:45 PM		KEYNOTE	<b>Go well and prosper</b> As leaders we're required to be always on and switch constantly across issues and actions. And the past two days have been no exception! Real estate coach Peter Gilchrist shares his wisdom on ways to fill our own tank and steps us through an exercise to recharge and inspire.	Peter Gilchrist
2:45 - 3:00 PM	<b>IT'S A WRAP!</b>			John Foong